November 2026 Meeting Notice and News for TCAT Active Transportation Group

November 19 at 4pm Active Transportation Group meeting - see zoom details below

What are you working on for active transportation advocacy and how can this group help? Bring your news and questions for our roundtable. See zoom link details at the end of this email. Please send agenda items and ideas for future meetings to Karen - karen@karenmessmer.com

Actions

Request for Collaboration - Tumwater Area Concerns and Ideas
I am interested in working to explore strategies that are underway – or needed – to improve bike safety and access in the Tumwater area. I am starting by learning more about is what already being planned and also scoping what could be done as part of future improvements. The next step might be working with folks to set up a mini tour with local transportation planning staff. Some areas of concern – and opportunity – are where Tumwater meets Olympia on Capitol Way near the Safeway, the bike path around the lake that then forces you onto Custer and Capitol, and getting from the Valley to the South Capitol area. Let me know if you are interested in working on this, have expertise and ideas to share, or want to be kept in the loop as it evolves. Lea Mitchell lea@mitcub.net.

What are you reading? Send your resources
This newsletter is compiled from resources I receive through my membership in committees and email lists. What are your resources for active transportation information and news? Help this newsletter broaden our topics and news. karen@karenmessmer.com

Local Events

November 1 at 2pm Ballot Walk & Roll
Meet at Decatur Woods Park for a family-friendly walk/roll to the ballot drop box.

November 19 from 5:30 – 8:00pm Filmed by Bike Screening at Avanti
Walk N Roll and Avanti are screening a short film collection from Filmed by Bike. The free community event takes place at Avanti High School and features indoor biking! From 5:30-6:30 pm, attendees may join a student-led tour of the Avanti bike shop or mingle with representatives of local bike groups. From 6:30-7:45 pm, we'll screen the film collection titled *Bike Love* in the Avanti auditorium. View full details on the Bicycle Community Challenge website. We are still welcoming bike groups who would like to table at the event. Reach out to walknroll@intercitytransit.com if you are interested in hosting an outreach table.

December 17 5:30 – 7:00pm Bike the Lights
Deck out your bike with light up or glow-in-the-dark materials and join Walk N Roll on a light up night ride! Meet at Madison Elementary School at 5:30 pm so we can roll out at 6 pm. (Address 1225 Legion Way SE, Olympia) Then, we'll depart on about a 5-mile bike ride going a social pace. We will be our own light parade and will also bike to a viewing location of the City of Olympia's Holiday Light Parade! We plan to return to Madison Elementary by 7 p.m. Questions about the event? Send an email to walknroll@intercitytransit.com.

Walk with a Doc Nov. 14 at 10am
Walk with a Doc Program takes place on the second Saturday of each month. Woodland Creek Community Park – 6729 Pacific Ave SE, Lacey, WA 98503 (Meet by the playground)

Looking for local group walks?
The Capitol Volksport Club posts their weekly walks on their calendar. These include walks that meet at a changing list of locations and weekly Olympia walks that meet at Bayview Thriftway. Note that there are contacts on this page for questions.

Webinars and videos

America Walks Transit and Walkability webinar Nov 19 at 11:00am
From America Walks: At America Walks, we view transit as essential to creating walkable communities. So, what are the factors that make transit effective, and what are some myths about transit? What land uses support transit? And with constrained finances, what is the tradeoff between service to the largest area possible as opposed to more frequent service on the routes with the highest demand? Join us for an introduction to transit and walkability featuring Jarrett Walker, a transit planner who has led major planning projects in the U.S. and around the world. Register here. Note that past America Walks webinars are here on their YouTube channel.

Toole Design video – Embracing the overlooked elements of safe systems approach
This short video covers two elements of the Safe Systems Approach that don't get as much attention - safer vehicles and post-crash care.

Recording of October 5 Sidewalk Nation Book Talk with Author Michael Pollack
Nondrivers Alliance hosted Cardozo law professor Michael Pollack for a special Week Without Driving discussion about his new book, *Sidewalk Nation: The Life and Law of America's Most Overlooked Resource.* If you missed it here is the recording of that talk.

Resources

Transit Helps Family Budgets
A household that owns one fewer vehicle and rides public transportation instead of driving can save an average of $14,100 a year, according to a new report, *Public Transit Saves American Families Money*, released by the American Public Transportation Association (APTA). That is about $1,200 a month that stays in family budgets.

Want to know more about e bikes and youth safety?
Being Smart About Micromobility: What Communities Are Doing Now for Youth Safety *Publication Date: 2026 | Source: Pedestrian and Bicycle Information Center (PBIC)* Examines how communities are responding to the growing use of e-bikes and e-scooters among young people. The brief explains differences among devices, summarizes youth injury trends, and discusses challenges related to regulations, infrastructure, and education. Examples from California, Florida, Massachusetts, Oregon, and Washington highlight age and helmet requirements, school-based programs, designated parking, skills training, and caregiver education. The brief also identifies actions communities can take to strengthen policies, infrastructure, coordination, and safety education.

Nov 19th at 4pm TCAT Active Transportation Group meeting zoom link

Recurring zoom meeting link for third Thursday of each month at 4pm.
Time: Nov. 19, 2026 at 4:00 PM Pacific Time Every month on the Third Thursday
Download and import the following iCalendar (.ics) files to your calendar system.
Monthly: https://us02web.zoom.us/meeting/tZUkf-murzojHtL3kLThUOifAlX4mbjP9FGe/ics?icsToken=DKYhQWIpBopVlnMuYQAALAAAAOQo46kkoeo1T80S0caOuHPYfymt-OV0rRe_m6nyr_CdRLuSSbCNnTmdQ4xTJN9tEoTSrBWsSTzSnA8cRDAwMDAwMQ&meetingMasterEventId=H2b7Bz_QTcikieAxcXUvrg

Join Zoom Meeting
https://us02web.zoom.us/j/81980611946?pwd=bNPE8vrizMQYnzbKxuMQqRZIWyq4pB.1
Meeting ID: 819 8061 1946 Passcode: 722902
One tap mobile +16694449171,,81980611946# US

Prepared by TCAT volunteer Karen Messmer